

39 Dao Duy Tu St, Hoi An, Quang Nam, Vietnam  
Tel: +84 (0)235 3950 777  
hotelroyalhoian.vn  
[mgallery.com](http://mgallery.com) - [accorhotels.com](http://accorhotels.com)  
[instagram.com/mgalleryhotels](https://www.instagram.com/mgalleryhotels)



Woosah Spa



# Woosah

recover. rejuvenate. revive

## Spa

Hours of service : 9:00 am to 9:00 pm  
Dial extension number 647 for reservation and enquiries



# WOOSAH SPA

Recover, Rejuvenate and Revive from top to toe  
Our destination spa moment includes:

Per person/per stay	3 Day	Day 1	Day 2	Day 3
Tai Chi	3	Tai Chi	Tai Chi	Tai Chi
Wellness breakfast	3	Private Wellness breakfast	Private Wellness breakfast	Private Wellness breakfast
Salt milk body scrub 40'	1	Salt milk body scrub		
Lunch	3	Lunch	Lunch	Lunch
Detoxify steam or sauna 30'	1	Detoxify steam or sauna		
Vietnamese massage 60'	1	Vietnamese massage		
Purifying facial 60'	1		Purifying facial	
Hot stone 60'	1		Hot stone	
Woosah spa signature massage 90'	1			Woosah spa signature massage
Seaweed body wrap 40'	1			Seaweed body wrap
Dinner	3	Dinner	Dinner	Dinner
For yourself only		2,500,000	2,900,000	3,000,000
As a couple		4,800,000	5,600,000	5,800,000

# BODY MASSAGE

## Woosah

Inspired by our very own love story of Princess Ngoc Hoa and Japanese merchant Sotaro Araki, the blend of carious techniques of Shiatsu and Vietnamese is our signature massage, bound to relieve muscle tension and soothe the spirit.

## Vietnamese

Ancient massage technique combining palm massage and soft pressure point to balance the flow of chi’ relaxation and rejuvenation.

## Aroma

Long sweeping strokes and kneading movements to stimulate the nervous system to induce relaxation.  
Five essential healing oils at choice.

## Swedish

Relieves stress from over worked muscles and promotes a good circulation of blood and oxygen by using strong deep tissue massage techniques.

DURATION

NETT

90 min 1,700,000

60 min 1,050,000

90 min 1,350,000

60 min 1,050,000

90 min 1,350,000

60 min 1,050,000

90 min 1,350,000

## Hot stone

Warm stones are placed on the chakras and then work over the body to promote a deep state of relaxation, soothing away stress and dissolving muscular tension.

60 min 1,200,000

90 min 1,500,000

## Thai

Acupressure, reflexology and stretching in one process, in which it opens joints, stretches muscles and tendons, tones internal organs and balances energy.

75 min 1,250,000

## Foot

Stimulating the feet by firmly applying pressure for deep relaxation and a divine sense of balance.

30 min 550,000

60 min 750,000

## Hand & Arm

Reduce hand and finger fatigue, increase blood circulation.

30 min 550,000

## Head & Neck

Reduce headache thought acupressure techniques to boost alertness and immunity.

30 min 550,000

## Neck, Back & shoulder

Trigger point massage therapy techniques on the neck, back and shoulder to stimulate blood circulation and relieve pain.

30 min 550,000

# FACIAL TREATMENTS

## Moisturizing & nourishing

Recovery of dehydrated, damaged skin with a light cleaning milk, face mask and moisturizer cream along with a facial technique for plumping skin.

60 min      1,150,000

## Purifying

The deep hydrating treatment will reduce impurities, roughness and revive moisture and smoothing for both oily and combination facial skin.

60 min      1,150,000

## Anti-Aging

The treatment reduces wrinkle areas, quickly firms and restructures the skin function for a younger look.

60 min      1,150,000

## Eye contour

An effective eye treatment to reduce the black circles for a brighter and younger look

40 min      700,000

## Facial Massage

20 min      400,000



# BODY SCRUB

## Salt & Milk

Salt scrubs are a formulation of salt and other ingredients, which is used to exfoliate dead skin cells from the body to improve skin tone.

40 min      750,000

## Green tea and honey

The slightly abrasive texture of dry green tea leaves and honey act as a great exfoliant to remove dead skin cells, leaving the skin feeling soft and smooth.

40 min      750,000

## Herbal powder scrub (for all skin types)

A blend of seasonal herbs such as sunflower seed, ginseng, rice bran, bean, to remove all toxins and dead skin cells, while at the same time providing vital nourishment and moisturizing. Leaving the skin feeling light and revitalized, returning elasticity and a youthful glow.

40 min      750,000



# BODY WRAP

## Firming

The combination of sesam and honey will refresh and recover skin balancing for dehydrated or sensitive skin.

40 min	750,000
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## Seaweed

Seaweed body mask contains amino acids and sea salts to generate the healthy skin by promoting collagen formation.

40 min	750,000
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## Anti- oxidant & detoxify

Dark chocolate treatment provides antioxidants, increases the level of collagen and elastin in the skin, and reduces the effect of aging caused by free radicals in the body.

40 min	750,000
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## After Sun

A tropical body wrap containing fresh aloe vera leaves for soothing sensation to treat sunburns or redness and protect the skin from premature aging.

40 min	750,000
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Color	200,000
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Basic manicure	30 min	450,000
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Basic pedicure	30 min	450,000
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Basic gel manicure	40 min	600,000
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Basic gel pedicure	40 min	600,000
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Deluxe manicure	50 min	600,000
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Deluxe pedicure	50 min	600,000
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Deluxe gel manicure	60 min	800,000
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Deluxe gel pedicure	60 min	800,000
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Foot & Heel Scrub	40 min	400,000
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# WAXING

We utilize the most advanced techniques to make the removal of unwanted hair as safe and comfortable as possible.

Half legs	30 min	500,000
Full legs	60 min	850,000
Arms	50 min	750,000
Half Arms	30 min	500,000
Under Arms	15 min	300,000
Bikini line	30 min	500,000
Full bikini (Brazilian)	50 min	850,000
Half back or half chest	30 min	500,000
Full back or full chest	40 min	750,000
Eye brow	20 min	300,000
Upper lip or chin	10 min	200,000

## Punctuality

Please arrive at the spa reception ten minutes before the scheduled treatment time. Late arrival may limit the time for your treatment as to not delay the next guest.

## Cancellation policy

The treatments you select are reserved especially for you. You will be charged 50% cancellation fee for treatment cancelled less than two hours prior to the treatment time. No shows or cancellation at under one hour notice will be charged at 100%.

## Heath consultation

Please communicate health conditions such as high blood pressure, allergies, pregnancy or any health-related concerns you may have when making your appointment. We do not recommend the consumption of alcohol before or directly after spa treatments. All spa guests will be asked to complete a brief consultation form upon check in deigned with your well-being in mind.

*Prices are in VND including 10% VAT and 5% service charges .*